

FITTING INSTRUCTIONS FOR THE ELBOW EXTENSION

- Place the patient in a reclined or resting position.
- 2. ONLY open FRONT CUFFS #1 & #2.
- 3. Position patient's arm with thumb in neutral or thumbs up position.
- 4. Line cams up with the elbow joint.
- 5. Close upper cuff #1 (FRONT OF UPPERARM) and pull to line.
- 6. Bend splint up at hinge to meet bottom of forearm.
- 7. Close cuff #2 (TOP OF FOREARM) and pull to line.
- 8. Support the arm with pillows to elevate the arm.

OPTIONAL: If Resting Hand Wrist Orthosis is being worn in conjunction with the Elbow Extension Dynasplint[®] System, apply the orthosis first, following the enclosed instructions in packaging.

Taller patients will be fit with two - 2" straps in place of butterfly strap

2" Strap

2" Strap

Cam

Shown w/optional Resting Hand/Wrist Orthosis

Butterfly Strap

Stretch Beyond Your Expectations.®

DO NOT OPEN CUFFS THAT HAVE BEEN SECURED WITH DUCT TAPE OR GLUE