

## FITTING INSTRUCTIONS FOR THE ANKLE DORSIFLEXION

- 1. Open straps as numbered.
- 2. Position foot, ankle and lower leg inside the unit.
- Position ball of foot on top of metal footplate with toes over the edge.
- 4. Position ankle joint between metal cams.
- 5. Close shin strap #1.
- Close butterfly strap #2 and butterfly strap #3.
- 7. Close shin cuff #4.

Stretch Beyond Your Expectations.®

DO NOT OPEN CUFFS THAT HAVE BEEN SECURED WITH DUCT TAPE OR GLUE

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